



SORT II

'Staying On the Right Track'

With Jacque Servadio, LPGA

Lesson Agenda

Day 1

Full Swing - On the Range

- Basic Set-Up Review
- Importance of Grip & Posture
- Understanding Flight Laws - What Your Ball is Telling You
- Proper Alignment & Aiming Strategy
- Basic Rules & Etiquette

Day 2

Face View Swing Principles

- Importance of Balance
- Weight Shift Review & Considerations
- Club head Release Considerations
- Impact - The Moment of Truth!
- Improvement Drills
- Student FV Swing Analysis

Day 3

Down the Line Swing Principles

- Posture Analysis
- Swing Plane Considerations
- Are You Keeping Your Spine Angle?
- Proper Backswing Position
- Improvement Drills
- Student DTL Swing Analysis

Day 4

Mental Game & Course Management

- Importance of a Pre-shot & Post-shot Routines
- Think Box / Play Box - Decision Line
- Hone Your Visualization Skills
- The Power of Positive Thinking
- Tee Box Strategies
- Training Aid Stations



Go to www.ServiceYourSwing.com/sort2 for recommended drills after each lesson.

