



SORT

‘Start Out on the Right Track’

With Jacque Servadio, LPGA

Lesson Agenda

Day 1

Fundamentals of Putting

- Grip & Putter Fit
- Proper Posture & Stance
- Proper Shoulder & Hand Movement
- Aiming & Alignment
- Proper Stroke Length
- Basic Rules & Etiquette

Fundamentals of Chipping

- Grip
- Proper Posture & Stance
- Proper Hand Position
- Weight Distribution
- Stroke Basics
- Basic Rules & Etiquette

Day 2

Basic Iron Swing Fundamentals

- Grip Review
- Proper Posture & Stance
- Basic Body Movement
- Proper Balance & Weight Shift
- Aim & Alignment
- Body Movement Drills
- Basic Rules & Etiquette

Day 3

Full Swing (Woods) Fundamentals

- Grip Review
- Proper Ball Position
- Lower Body Basics
- Iron & Wood Swing Differences
- Broom Drill
- Basic Rules & Tee Box Etiquette

Day 4

Students will meet at Pitching Green Area

Basic Sand Fundamentals

- Sand Swing Basics
- Proper Feet & Ball Position
- Main Objective of Sand
- Sand Scenarios'
- Basic Sand Rules & Etiquette

Basic Pitching Fundamentals

- Pitching Swing Basics
- Proper Balance & Weight Shift
- Aim & Alignment
- When to Pitch - When to Chip



Go to www.ServiceYourSwing.com/sort for recommended drills after each lesson.

