

Tracking Your Play: Stat Sheet

Fill out one of the following on the golf course to track and analyze your progress for each round of golf you play.
 Instructions and an example may be found on the following page.

S t a t S h e e t	Round 1	1	2	3	4	5	6	7	8	9	
	Distance Off Tee										
	Hit Fairway										
	Green in Reg.										
	Penalty Shot										
	Safely Out of Sand										
	Number of Chips										
	Total Putts										
	Score										

10	11	12	13	14	15	16	17	18	Total

S t a t S h e e t	Round 2	1	2	3	4	5	6	7	8	9	
	Distance Off Tee										
	Hit Fairway										
	Green in Reg.										
	Penalty Shot										
	Safely Out of Sand										
	Number of Chips										
	Total Putts										
	Score										

10	11	12	13	14	15	16	17	18	Total

S t a t S h e e t	Round 3	1	2	3	4	5	6	7	8	9	
	Distance Off Tee										
	Hit Fairway										
	Green in Reg.										
	Penalty Shot										
	Safely Out of Sand										
	Number of Chips										
	Total Putts										
	Score										

10	11	12	13	14	15	16	17	18	Total

S t a t S h e e t	Round 4	1	2	3	4	5	6	7	8	9	
	Distance Off Tee										
	Hit Fairway										
	Green in Reg.										
	Penalty Shot										
	Safely Out of Sand										
	Number of Chips										
	Total Putts										
	Score										

10	11	12	13	14	15	16	17	18	Total

Need help with improving your stats? Call Jacque Servadio @ 661-301-5944



Instructions - Using Your Stat Sheet

Distance Off Tee – record the distance your tee shot traveled in yards

Fairway – record whether or not you hit the fairway off the tee (write an X if you landed on the fairway – do not record par 3 holes - leave blank)

Green In Reg. – mark an X if you hit the green in regulation (write an X if: par 3 you are on the green off the tee, par 4 you are on the green in 2 strokes, and par 5 in 3 strokes)

Safely Out of Sand – mark an X if you were in the sand and hit safely out (leave blank if you were never in the sand on a hole, mark an N if you mishit the sand shot or left the ball in the bunker)

Total Putts – record the total number of putts for each hole (putting from the fringe counts as a chip - not a putt)

Number of Chips – record the total number of chips per hole

Penalty – mark an X if you had any penalty strokes on the hole (OB, water, lost ball, etc)

Score – record your total score for each hole

Here's a quick look into how to analyze your Stat Sheet information...

- If you are currently working on your driver, the distance off the tee will be more important after you consistently hit the ball to your target. As you improve your swing it's very common for your distance to actually get shorter during the improvement period, but will increase past your original distances once you have mastered the proper swing.
- Evaluating the number of Fairways you hit will show if you are driving the ball well. This is a great way to tell if you need to work on the big stick – the lower the number of fairways hit the more work will be needed in this area.
- Evaluating Greens in Regulation can tell a few different stories, so it can be difficult to put a finger on just one specific problem without taking a look at other areas of the game. For example, the most common cause of a low GIR percentage is hitting poor full swing iron shots into the greens. However, if you hit your tee shot in the woods, it may be difficult to get your second and third shots on the green.
- Evaluating Safely Out of Sand – if you are leaving the ball in the sand pretty frequently, (the more N's) the more improvement that is needed on your bunker play.
- Evaluating Number of Chips will tell you if you need work on your short game. If you are chipping twice on many holes or chipping on and still having 2 or 3 putts, then more work will need to be done on the short game and possibly putting. (If you chip close, but fail to make 3' putts, then it is your putting)
- Evaluating Total Putts - three putts can add up quick! The higher the number of putts - the more work that is needed in this area (don't count putts from the fringe - they count as chips).
- Penalty Shots can have various causes. Some may result from full swing mishits and/or poor course management (ex. wrong club, choosing the wrong target, possibly too aggressive, etc). Try to remember any penalty shot you may have had and try to figure out the root cause of your penalty strokes.

Stat Sheet Example

S t a t S h e e t	Round 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total
	Distance Off Tee	220	100	235	237	225	130	240	230	175		220	225	240	230	225	230	245	220	237
Hit Fairway	X			X	X		X	X			X		X		X		X		X	10
Green in Reg.	X				X	X		X	X		X		X		X		X		X	9
Penalty Shot																				0
Safely Out of Sand		X					X					X								3
Number of Chips			1	1							2		1		1	1				7
Total Putts	2	2	2	1	1	2	2	2	3		2	1	2	1	2	1	2	2	2	33
Score	5	4	5	4	3	3	5	5	4		4	4	5	3	5	4	4	4	5	76

If you would like to take the journey to a better golf game and see your stats get better, give Jacque a call at 661-301-5944 or e-mail her at jacque@serviceyourswing.com.